!!! Big spring camp and test, Not only STM and test !!!

WHEN: Big spring 27. 3. - 1. 4. 2013, Not only STM 26. 4. - 1. 5. 2013

Meeting for departure - Prague railway station Dejvice always at 16:00, arrival about 18:00, will be specified. In case of bigger amount of people for common departure we order a bus. The arrival for car drivers and passengers on the first day ideally at 18:00 to 19:00 (dinner and evening training already in programm) - not earlier. Collecting of participants always the last day approximately at 15:00 (Start of test at 13:00).

WHERE: School in nature Sklárna u Žihle

Route from Prague: direction Karlovy Vary on the crossroad with Mostecká to Plzeň, behind Jesenice the turning to Žihle, drive through Žihle to the direction Rabštejn nad Střelou, in forest then a turning to the right to Sklárna and next see the guide-posts.

School in nature is a huge complex in the middle of forests with an excellent leisure time facilities – gym, gokart, rope center, laser game, mushrooms area, projector, restaurant, snack-bar etc... Moreover warm cousine and very good 4-beds rooms. Special techniques and power holders, boxing-bags and pads at place.

WHO AND WHAT: STM – camp is at first of all for STM (centre od talented youths) members. Camp is in the following for all interested in intensive sports-trainings and tests.

Big spring – is determined for all interested in tests and complex preparation in TK-D. Event is suitable also for next not practising family members or partners. The beginners will have a separate group to they could be excellent prepared for test. We recommend this event as a preparation for competitions.

Tests – 1.4. and 1.5. from 13:00. For pre-tests and the participation on test is the arrival possible at latest 30.3. or 29.4. afternoons. After understanding in special cases is possible to make the pre-test also another two days on the camp.

PRICE: The whole Spring 3000Kč (125€) minus discounts, thw whole STM 3000Kč (125€) minus discounts (1 day á 600Kč (25€) minus discounts)

Discounts: 50% every third practicing member of family, teachers of GBHS

40% members STM GBHS, for STM event only

10% not practising persons, visitors from other schools

10% one's own transfer reported till 21.3 (Spring) or 20.4. (STM). (5% one-way transfer)

10% for deposit 2000Kč (80€) paid till **21.3 (Spring) or 20.4. (STM)**.

Discounts is possible to combine at maximum to 100% amount.

Deposit is refundable only in the case of apology in two days before beginning of the event for serious health reasons.

You can send the deposits or whole amounts with note (name and purpose) to our school account 2982742001/5500 with reporting e-mail to <u>info@tkd.cz</u> (name, dates of arrivals and departures, type of transfer). The other possibility is paying at place with the same reporting e-mail. The price of test for color belts (1 test for 400 Kč (17€)) is not included in the price of the camp. The payment is possible in the place or at departure.

NOTICE AND WHAT TO TAKE WITH: original ITF dobok, piece of paper, pencil, small pocket-money possible, common needs for camps. From yellow belt the mitt, from green belt the protectors. Mitt (590Kč, 25€), protectors (1650Kč, 67€) and dobok (1150Kč, 47€) is possible to buy after booking at place. Next equipment see www.tkd.cz

- valuables prohibited
- very bad signal, almost none, so handys often needles, it is hard to call (1 km futher better signal)
- health insurance card with

PROGRAMM: 8:45 breakfast

10:00 training

12:30 lunch

16:00 training

18:15 dinner

19:45 training (after dealing possible without small children)

22:00 taps pupils (23:00 taps juniors)

One day will be the programm always adapted to a rest day with a small training amount. In trainings are included also various games and competitions. We will visit together the rope center and laser game. We recommend to all golf players to take the equipment with – in the near area 9-hole golf course.

Every person may be excepted without compensation at a gross violation of discipline.

We recommend to all members to find at least 2 days of your time to be able to pass the pre-tests and tests.

You'd rather read the whole leaflet once more.

Information and excuses: Martin Zámečník +420 603 302 739, info@tkd.cz